

MEDICAL FITNESS FOR AIR EXPERIENCE FLYING

1. **Sqn and Sect Cdr's Responsibility.** Certain medical and physical conditions are incompatible with flying as they could place the cadet at risk and compromise Air Safety. It is the ATC Sqn/CCF (RAF) Sect Cdr's responsibility to check that the cadet does not have a history of any condition likely to cause sudden incapacitation in flight or which might be aggravated by the flight environment.

a. A list of medical conditions incompatible with gliding training or which may require further medical scrutiny can be found in ACO Av Med Form 1 Conditions Requiring Medical Assessment for flying (Av Med 1). An example Av Med 1 is at Annex B. ATC Sqn/CCF (RAF) Section staff are to ensure that cadets are assessed against these criteria prior to attending the AEF.

b. To satisfy AEF medical requirements, cadets must be in possession of a completed Av Med 1. Failure to be in the possession of a completed and countersigned Av Med 1 will invalidate the eligibility of cadets to undertake flying training. AEF staff are directed to refuse flying training to cadets not in possession of the relevant forms at the point of delivery.

c. If any medical conditions are highlighted on the **Av Med 1** which indicate further guidance is required from GP and CFMO, staff are to instigate the **RAF Form 6424** (Air Cadet Medical Certificate of Fitness for Glider Pilot Training) process in accordance with Para 2 to Annex A to ACTO 32.

d. Cadets suffering from any medical condition which indicates a temporary bar to gliding are not to attend a AEF until the condition is satisfactorily resolved.

e. ATC Sqn/CCF (RAF) Sect Cdr's are responsible for ensuring these actions have been completed prior to cadets attending a AEF for flying training. They are to place completed and countersigned **AV Med Form 1** and any associated **F6424** in a sealed envelope which should be then handed to the escorting officer. The escorting officer is to ensure that the sealed envelope is handed to the AEF Flt Cdr or Duty Instructor for scrutiny prior to flight. **Please note** that AEF Aircraft Commanders retain the right to refuse flight to cadets with medical fitness in doubt. It is therefore imperative that all medical conditions have been considered prior to attendance and a RAF Form 6424 completed where necessary.

f. A separate Av Med 1 is required for each flying opportunity.